

PEACE & SUSTAINABILITY THROUGH YOGA 2020



GLOBAL ONLINE YOGA FESTIVAL
18 - 20 JUNE 2020
7-10 AM &
4-7 PM IST

WE ARE EXCITED TO INVITE YOU TO THE 3 DAYS GLOBAL ONLINE YOGA FESTIVAL FROM 18 - 20 JUNE, 2020. THE THEME OF THIS INITIATIVE IS "PEACE & SUSTAINABILITY THROUGH YOGA"

BY REGISTERING FOR THIS EVENT, YOU CAN BE PART OF THE CONTEMPLATIVE DIALOGUE SESSIONS BY EXPERTS FROM THE FIELDS OF SCIENCE, SPIRITUALITY, GENDER JUSTICE, SOCIAL ACTIVISM AND YOGA ON THE RELEVANCE OF YOGA FOR A PEACEFUL AND SUSTAINABLE WORLD.

YOU WILL ALSO GET AN OPPORTUNITY TO EXPERIENCE INNER WORK THROUGH YOGA ONLINE EXPLORATIONS WITH THE RITAMBHARA TEAM AFTER EACH DIALOGUE SESSION.

REGISTER NOW





SRI RAGHU ANANTHANARAYANAN
(CO-FOUNDER, RITAMBHARA)

The celebration of war has been dominating human history for the last few millennia.

It has given us nuclear war.

It has brought us to the brink of Climate disaster.

It has created the COVID pandemic.

It is time to celebrate peace.

It is time to change the discourse about COVID to see how we make peace with the outbreak, and not how we win the war. The discourse of war exacerbates the panic, turns people against each other and sets the ground for a post-COVID that continues with the same, "I must live, and I must live well" idea of life. The underlying paradigm that energizes this idea of individualism also powers the use of natural resources for

war, for nurturing a consumerist society and for fostering a world divided by narrow identifications.

The only hope for an equitable world is the discourse of peace. The tangible outcomes of a commitment to peace are obvious! More than 25% of world GDP serves the 'military industrial complex'. Dismantling this and redirecting the money will mean that every person in the world can be fed, clothed, educated and housed free of charge! It will not harm the economy, since the stuff created by the complex is just sitting there waiting for a foolish leader to trigger a war, use the inventory to kill people and destroy the earth!

The only hope for a sustainable world is a discourse on peace. If the resources used to cater to valorize the individualistic and consumeristic world are turned towards nurturing meaningful and socially healthy ways of living, we will see a very different world. For example, we will need only public transport! We will build more spaces for play and collective enjoyment than to cater to exclusivity. These are not pipe dreams, there are towns where this has been experimented with great success.

To enable a discourse of peace, we need a personal practice that is grounded in human well-being, rational enquiry and collective harmony. Not one based on narrow belief that encourages the process of 'othering'. The COVID crisis has shown how relevant the practice of a holistic Yoga can be. One can enable the celebration of peace by reiterating the individual practice of Yoga with a central focus on the basic foundations of Yoga, namely,

A deep and abiding concern for the suffering of mankind and the earth (duHkha nivArana)

A commitment to non-violence (ahimsa)

A commitment to truth (satya)

These are individual practices with an immediate impact on every social interaction. Therefore, they will initiate a movement where all the resources of mankind will be turned away from war, and away from wasteful commerce.

The COVID crisis offers us a sliver of hope, it opens a small window in human minds to these possibilities. A life of dignity, personal honour and peace is something all human beings dream of and aspire for. Yet they get drawn into the discourse of war and consumerism.

Can we use the shock that all the people of the world are facing due to the pandemic to reinforce the dialogue that has been all but drowned out by the din of battle?

This is the voice of the ancient Rishis, of Buddha, of Mahavira, of Guru Nanak and the stream flows all the way to Gandhiji, Martin Luther King, Nelson Mandela, B.R. Ambedkar, Hansa Mehta, Dakshayini Velayudhan, and others.

Ritambhara, in collaboration with the India Foundation's Center for Soft Power, invites all yoga practitioners and seekers of peace to join us on this journey.

YOGA SAMVĀD - DIALOGUES ON YOGA



Six 'Yoga Samvāds - Dialogues on Yoga' are planned on every day from 17th to 21st June 2020 from 8.30 PM to 9.15 PM India Time.

EMINENT PERSONALITIES



PROF. MAKARAND PARANJPE

(AUTHOR & DIRECTOR, IIAS)

EDDIE STERN

(DISCIPLE OF SRI PATTABHI JOIS)

MS. SUHAG SHUKLA

(CO-FOUNDER HAF)

MR. GOPI KALLAYIL

(CHIEF EVANGELIST, BRAND MARKETING, GOOGLE)

DR. DAVID FRAWLEY

(VEDIC SCHOLAR)

PEACE & SUSTAINABILITY THROUGH YOGA STEPS TO REGISTER



1. Visit <http://www.ritambhara.org.in/psty>

2. Submit the registration form at the bottom of the page

3. Visit your email inbox and find an email with the subject 'Please confirm your subscription to Peace & Sustainability Through Yoga'. Click on the green button in the email confirming your interest to receive the PSTY Yoga Festival Updates

4. Visit the 'Promotions' tab (if you use GMail) to find an email with the subject 'Welcome to Peace & Sustainability Through Yoga' event. This email contains the session schedule and joining links for the Yoga Festival sessions

Note: You may choose to drag and drop the welcome email to your 'Primary' tab or main email inbox to ensure you do not miss further updates during the Yoga Festival.

REGISTER NOW

PSTY ONLINE YOGA FESTIVAL SPEAKERS



18TH JUNE



RAJESH KOTECHA
SECRETARY,
MINISTRY OF
AYUSH, GOVERNMENT
OF INDIA



SRI RAM MADHAV
GENERAL SECRETARY
BJP AND BOARD OF
GOVERNORS,
INDIA FOUNDATION



LALITA KUMARAMANGALAM
DIRECTOR,
INDIA FOUNDATION

7AM - 7.30AM IST
INAUGURATION

7.30AM - 10AM IST
PEACE &
SUSTAINABILITY
THROUGH YOGA



SRI RAGHU ANANTHANARAYANAN
CO-FOUNDER, RITAMBHARA

4PM - 7PM IST
NATURE THROUGH
THE EYES OF VEDAS
& UPANISHADS



SMT. GITANJALI JB
FOUNDER - HIMALAYAN INSTITUTE
OF ALTERNATIVES, LADAKH

19TH JUNE



7AM - 10AM IST
SPIRITUALITY & YOGA

SWAMI ATMARUPANANDA
VEDANTA LIVING SOCIETY,
HOUSTON

4PM - 7PM IST
YOGA & GENDER
JUSTICE



DENA MERRIAM
IS THE FOUNDER & CONVENER
OF THE GLOBAL PEACEE
INITIATIVE OF WOMEN



LAXMI TRIPATHI
IS A TRANSGENDER
ACTIVIST AND
BHARATANATYAM DANCER



SUBHRASHTA
AN AUTHOR AND
SOCIAL COMMENTATOR

20TH JUNE

7AM - 10AM IST
SCIENCE & YOGA



SUBHASH KAK
AUTHOR & SCIENTIST,
PADMA SHRI, MEMBER, SCIENTIFIC
ADVISORY COUNCIL TO THE PM OF INDIA

4PM - 5.45 PM IST
YOGA & SOCIAL
COHESION



DR. SANJAY PASWAN
MEMBER OF BIHAR
LEGISLATIVE COUNCIL, INDIA

5.45PM - 7.15PM IST
YOGA IN MIDDLE EAST:
OPPORUTNITIES & CHALLENGES
SUFISM & YOGA



NOUF MARWAI
IS THE FOUNDER OF THE
ARAB YOGA FOUNDATION



FATHIMA AL MANSOORI
IS THE FOUNDER & EXECUTIVE
DIRECTOR OF SUSTAINABLE
HUMANITARIAN DEVELOPMENT
CONSULTANT



SALMAN CHISHTI
IS THE CHAIRMAN OF
CHISTHY FOUNDATION

7.15PM - 7.30PM IST
VALEDICTORY



SRI VINAY SAHASRABUDDHE
MEMBER OF PARLIAMENT,
RAJYA SABHA PRESIDENT, INDIAN
CENTRE FOR CULTURAL RELATIONS,
GOVERNMENT OF INDIAI



LALITA KUMARAMANGALAM
DIRECTOR,
INDIA FOUNDATION



SHEKHAR SINHA
VICE ADMIRAL (RETD),
INDIAN NAVY & TRUSTEE,
INDIA FOUNDATION

PSTY GLOBAL TEAM



Peace & Sustainability Through Yoga initiative has brought together over 35 yoga trainers from 17 countries across US, Latin America, Europe and Asia to facilitate online Antaranga Yoga (Inner Work Through Yoga) sessions for their students. The Ritambhara team has been delivering online mentoring and training to this energetic group of yoga trainers who will now take this unique experience to their students worldwide.



AJLAAN RAZA
KARACHI, PAKISTAN



ALKA KRISHNAN
GURGAON, INDIA



AMI GANATRA
MUMBAI, INDIA



ARUSHI CHAWLA
DELHI, INDIA



AYCA GUDUCU
ISTANBUL, TURKEY



DOROTA BABS
METZ, FRANCE



EVI BOUZAKI
ATHENS, GREECE



FATHIMA AL MANSOORI
BAHRAIN



NOUF MARWAI
SAUDI ARABIA



GABRIELA EGUINO
CHINA



KARUNA MAA
BRAZIL



KAMLA RAVIKUMAR
CHENNAI, INDIA



KOKILA
COIMBATORE, INDIA



KRISHNA YETCHINA
SFO, USA



MANUELA HEISLER
GERMANY



MIKE DE MASI
MONTREAL, CANADA



NATASHA CHAWLA
LONDON, UK



NIHARIKA NANGIA
GURUGRAM, INDIA



NISHA MANALAT
SFO, USA



SUMEDHA SARVADAMAN
DELHI, INDIA



TSIPPY NAGEV
ISRAEL



VALENTINA TARLA
MILAN, ITALY



VARTICA GOEL
NOIDA, INDIA



RAMYA IYENGAR
HYDERABAD, INDIA



HARIPRASAD VARMA
HYDERABAD, INDIA



PADMAJA BANDREDDI
NYC, USA



ENIKO
GERMANY



SHRAVNATHI G
DUBAI, UAE



SHOBANA MANI
SFO, USA



SAVITRI
CHENNAI