

Mahabharata Exploration Online

A Ten Weeks Program

The Mahabharata, the longest epic in the world, is a timeless text and has been an integral part of the life of the people of this land for eons. It retains a timeless appeal, allure and inspiration. It is often considered the 5th Veda and has a vast repository of human contexts that offers one a possibility for a self- reflective exploration of their inner-worlds. Perhaps this is why it's said in its praise: "Whatever is here might be found elsewhere, but whatever is not here is nowhere else."

Join us on a 10 week exploration of stories from the Mahabharata as we use them as a mirror to look at our deepest inner realities in search for clarity and meaning. This is especially relevant given the changing and challenging external context that we find ourselves in today where the old seems to be falling away and the new is yet to come into being.

<u>When:</u> Saturday 7AM to 8:30 AM IST (Indian Standard Time), starting September 25th, 2021 for 10 weeks.

Where: On Zoom - A Web-based Video Conferencing Platform

<u>Program Facilitators:</u> The program will be anchored by a team of facilitators from the Ritambhara team.

Registration Form: http://learn.ritambhara.org.in/f/meo

Program Fee: The donation for this program is INR 12,000/- per person for Indians residing in India, and USD 300 for international participants residing outside of India. If you have any financial constraints, please let us know. Please use one of the following links to pay as applicable to you.

Registration Process: Fill in the registration form at http://learn.ritambhara.org.in/f/meo. We will get in touch with you with details of the payment link, after which you can complete your enrollment for the course. For any enquiries, please email us at puranam@ritambhara.org.in



Testimonials

It was an interesting experience. A new way of looking at the mahabharata opened up for me. The intrigue factor with each passing week was quite high. Every character had something new to offer and I liked the entire journey very much. – Meenakshi Kumar

Helped me get a deeper understanding of my own propensities, and a sense of how I can be conscious of their influence on my actions, reactions and responses – Krishnan Raghuram

I attended my first ME workshop 3 years ago and since then have done another ME and the MI in Feb 2019. Ever since I started there have been small shifts as well as major revelations that have come up for me. When the lockdown started and I got the invite for the first ME online, I knew this would be a space to find an anchor for myself in this uncertain time. Every time/and every method with which I have engaged with the stories of the Mahabharata I have been able to find a great reflective space. It was great to be a part of this group. — Arshiya Takkar

It was an amazing, deep, expansive exploration. It brought me in touch with a very important untouched space within me – Sahithi Reddy