



# Temple Tales

Do you marvel at temples, their architecture, and the sculptures?  
Do you enjoy the myriad stories (historical and mythological) associated with temples?  
Have you always wanted to learn more about temples, their place in history and everyday life?

Join us on our walk through Idugampalayam [Anumantaraaya](#) temple and [Avinashilingeshwarar](#) temple, located around Coimbatore. The walk will be lead by Sashikala Ananth, one of the foremost experts in the field of vAstu shAstras. She brings together her unique confluence of learning and experience with yoga, behavioral work, fine arts, mythology, craft, vAstu shAstras, architectural training, and human psychology. She has innovated and designed many programs to enable people to connect the outer and inner aspects of life and bridge the traditional and the modern in insightful ways.

When: Sunday, September 22nd 2018, 9:00am to 1pm  
Group size limited to 15 adults (children welcome)  
Register by phone on +91 9840249251 or email [mailanita@gmail.com](mailto:mailanita@gmail.com)

### **More details for planning your travel**

1. We will start the program at the Idugampalayam temple. Please ensure that you reach here by 8:45am so we can start on time. Participants will need to make their own travel arrangements to and fro and between the temples that we will visit.
2. Children are welcome to join.
3. Please bring enough water, caps/hats, snacks for you and any children who would be accompanying you.
4. Please have your breakfast or bring something along if you would like. If children are coming along, please do carry some additional food/snacks.
5. Lunch is not included in the program. We do plan to go for lunch after 1pm and you are welcome to join us.
6. Please call 9840249251 with any questions, or email [mailanita@gmail.com](mailto:mailanita@gmail.com)