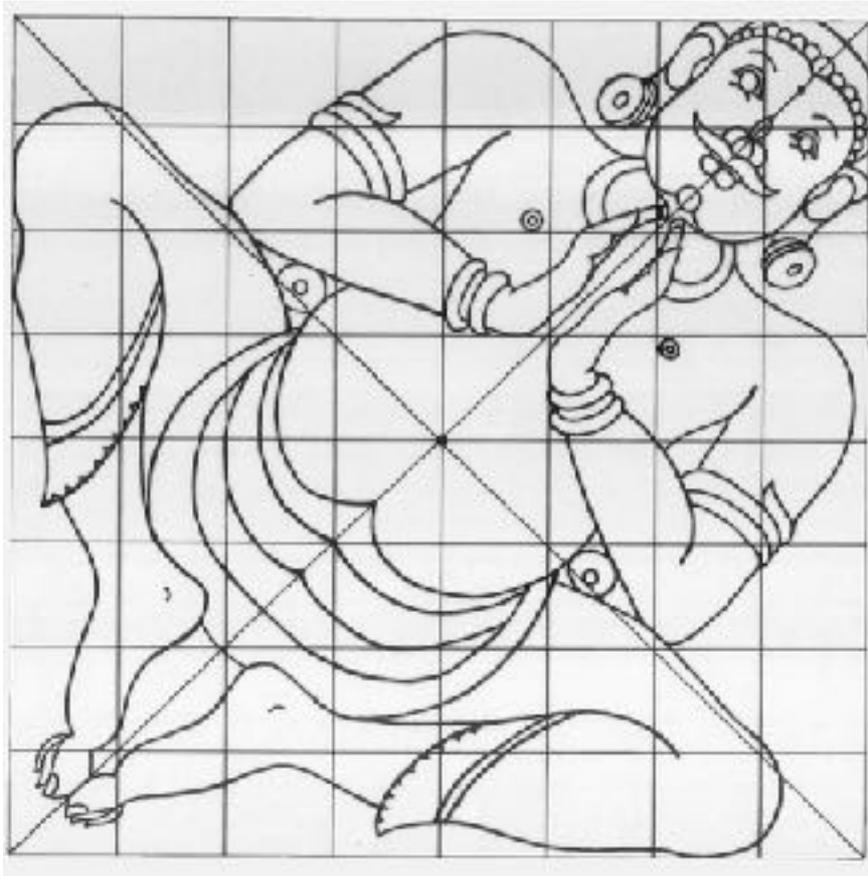


# ***Vaastu Shastra in Design Application***

**Dispelling popular myths**

**A 4 day workshop with Sashikala Ananth on the Science,  
Technology, Design & Application of the Vaastu Shastras.**

***May 3<sup>rd</sup> - 6<sup>th</sup>, 2017***



A 4 day workshop exploring the Science, technology, design and application of the Vaastu Shastras, one of the oldest design systems in the world.

Connect deeply with the Vaastu Shilpa Shastras and their practical applications, and gain insight into the extensive wisdom therein. Rather than engaging in formulae and fear-inducing predictions, explore the science of Vaastu with **Sashikala Ananth**, a leading expert in the field.

This is suitable for Architects, students, and others interested in learning about Vaastu. The course will enable the participants to connect deeply with the texts and the field application.



## **The Perspective:**

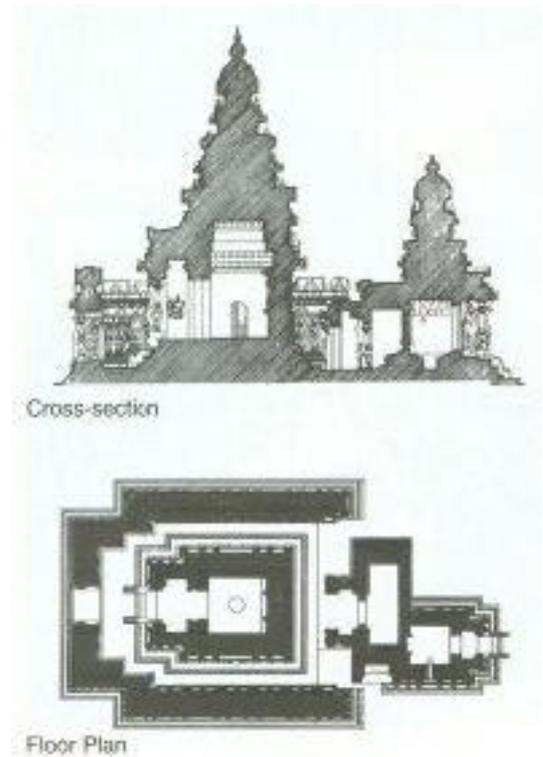
The Vaastu Shilpa Shastra is one of the oldest design systems in the world. The great cities of Ayodhya, MohenjoDaro, and Lanka were designed on its principles.

The Vaastu Shilpa Shastras are a compendium of architecture and sculpture that goes back to the Buddhist era in written records, and pre date this by hundreds of years in its understanding.

The knowledge base is available in 64 texts known as the Vaastu Shilpa Shastras. In addition to this, there are scores of texts in various languages of the Indian sub-continent.

They speak of

- site selection
- understanding wind rain and thermal patterns
- ratios and proportion
- functionality and aesthetics
- inner delight of the designer and the user
- harmonizing with unseen energies
- cosmology and beneficial measures.



The grammar of design and application is contained in terse sutras in the texts.

The enormous field knowledge and experiential data was handed down orally through the Parampara Siksha teaching methods. This is true of all the knowledge systems, including the Vedas.

Till the 16c the entire built environment, as well as the creation of sculptural and craft ware, was under the control of the Vishwakarma, the artisans and the craft communities.

Unlocking the wisdom of these principles and truths requires not only knowledge of the language, but considerable field experience and the ability to transform this knowledge to a contemporary application. Ms Sashikala Ananth is such a practitioner, bringing the traditional knowledge alive with her insights into its contemporary relevance.

## **COURSE DESIGN :**

The participant would be able to learn the following lessons:

- The appreciation of traditional knowledge
- Design principles enunciated in the Shastras
- Application in the field



The course shall cover the following aspects:

1. Principles, philosophies, and manifestation: Vaastu Shilpa Shastra covers the subjects of the individual element (Vastu) and the space it occupies (Vaastu). The subject can be explained as Architecture and Sculpture/ Design of interior elements.
2. The theory of design, understanding materials, understanding ratios and proportions, the importance of aesthetics, the relationship between the occupant/user and the built space, response of wellness or delight in the user.
3. Benefits that accrue from the application of Ayadi or sacred measures.
4. Responsibility and qualifications of the designer.
5. Working with energies and understanding the natural system.
6. Creating a community using the interactive nature of space and form. Design as an inclusive process, where the user can be a part of the solution.

## **COURSE FEE**

The total fee for the 4 day course amounts to **Rs 15,000/- plus 18% GST**  
This is inclusive of accommodation and food provided at Ritambhara Ashram.



## Faculty

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**Sashikala Ananth** is an architect and Vaastu expert, trained in human behavioral science. She has studied the original texts under the guidance of Shri. Ganapati Sthapati one of the leading experts of Vaastu, and has practiced with many experts in the field.



## Venue

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Ritambhara Ashram,  
Kanuhatty, Kotagiri  
[www.ritambhara.org.in](http://www.ritambhara.org.in)  
For more information  
write at  
[ashram@ritambhara.org.in](mailto:ashram@ritambhara.org.in)

The Ritambhara Ashram is a small meditation centre situated near Kotagiri in the Nilgiris, nestled in a valley surrounded by shola forests and graced by many beings of the wild. The main purposes of the Ashram is to help foster contemplative conversations, inspire authentic inner work and a reverence for the Earth. It provides a much needed retreat from the hustle-bustle of modern life, and a nurturant context for rest and regeneration.

Accommodation is simple and comfortable. Food is vegetarian.