

Ritambhara Delights...



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<https://ritambhara.org.in/wp-content/uploads/2017/10/Video-from-Anjali-Nair.mp4>

A sentiment felt by almost everyone who visits us, this little video was put together by Deepika Gummadi at the [Kaya Madhya Sutram](#) workshop that took place from the 2nd to the 5th of October, 2017.

Feast your eyes on the magnificent hill range that surrounds us, the enchanting skies, and the welcoming space that is Ritambhara Ashram.

Thank you Deepika, for your gift to us, and we look forward to the next group visiting us in December for [Nayika's Quest](#).