

The Barefoot Academy of Governance



insAniyat:

a change catalyst prepares

The Theatre of Action

Dates: December 26th on December 31st 2017

Venue: Kotagiri, Nilagiris

Development through dignity and democracy

There are many associations that form in one's mind when one contemplates the word insAniyat. One would imagine that insAniyat is something natural and inborn, something that is at once innocent and mature, something one ought to expect from another as an everyday reality.



The process of enquiry

To discover our insAniyat we have to peel off three layers of thought feeling and action that cover it up. The first is the way we construct the idea of ourselves, the second is the way we choose the role we play in our relationships and third is the socio-political world we create.

The Barefoot Academy of Governance offers a series of laboratory learning processes to enable one to explore one's inner world, unlock the authentic core of the self and prepare oneself to act with integrity.

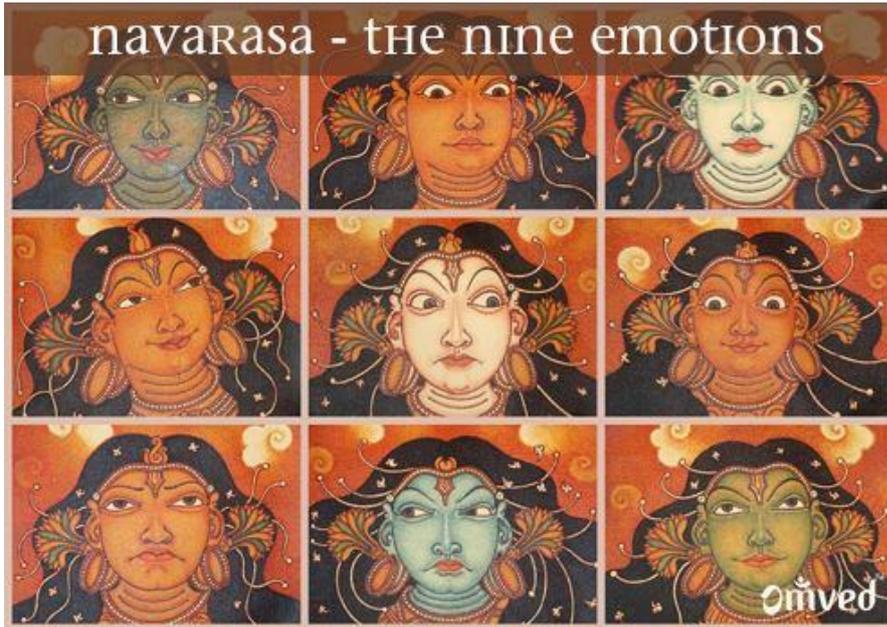
This lab is modular and is a part of the whole learning process of the P.G. Diploma in Facilitating Governance Reform.

We see the benefit to people, who would like to learn some aspects of the process and have therefore opened the doors for people not registered in the Diploma program to participate in the modules.

(For more details visit:

<http://admissions.tiss.edu/view/10/admissions/stp-admissions/pg-diploma-in-facilitating-governance-reform/>)

The Theatre of Action



Embodied knowledge is the key to spontaneous action that will reflect one's intent. Theatre and drama have been used from the earliest of times to enable embodied learning. Theatre was one of the most powerful tools used to liberate people. Theatre forms like the "Theatre of the Oppressed", Augusto Boal's "Rainbow of Desire" have been deployed in the developmental process with profound impact.

Our bodies hold the primary conditioned patterns while our thoughts reflect it. Therefore, exploring our own patterns of thought, feeling and action through theatre is essential, if we have to break away from our conditioning. Words and content are a very small part of communication. The tone of one's voice and the variations of body posture comprise a very large percentage of language. This mode can be understood only through enactment and sensitizing of one's body.

Several of the methods used in theatre to prepare the actor are designed to bring into consciousness our hidden behaviours. We alternate between acting out and reflecting on our actions to create the learning context. Not only do we learn to become sensitive to our own body use and body language, we begin to sense the body language of others.

Theatre also deploys unconscious patterns that can be accessed through playing with our archetypes. The heroes and critical situations described in mythologies are a great treasure house of learning. They capture the psychological and cultural patterns very powerfully

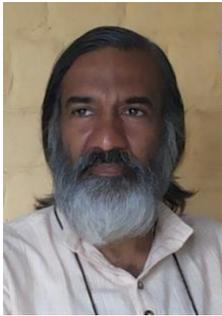
The Theatre of Action will be based entirely on the "Learning Theatre" modality developed by Raghu Ananthanarayanan. Inner work is harmonized with outer expression to enable a profound transformative journey, a sAdhana.

Theatre of Action will enable the participant:

- ☉ To internalize the learning about self and systems in an embodied way
- ☉ To create community coherence through the use of culturally relevant participatory processes
- ☉ To develop the capacity for presence and therefore to execute change programs
- ☉ To understand role taking and role shaping and the impact of this on group dynamics
- ☉ To design interventions and programs that use the experiential methodology
- ☉ To design and execute community development programs using theatre and music



Facilitators for the Theatre of Action



Raghu Ananthanarayanan will anchor the process. Raghu is a post graduate from IIT Madras. He has focused on human behavior. He brings together his Yoga Sadhana and understanding of technological systems to bear on his central quest: how can each of us be the best that we can be? He uses Theatre and Puranas to enable people to realize their deepest aspiration.

He is now engaged in creating a Coaching Academy “Awakening Arjuna”. www.raghuananthananarayanan.com.



Anantha Agasthya is a graduate from IIT Madras and a PGDM from IIM Bangalore. He retired as Executive Director from HAL, where he headed the HAL Management Academy for a decade. He was recognized as Corporate Guru in 2014 on Teachers’ day. He has experimented with Learning Theatre in management development. Presently he is the Principal Facilitator ILIFESigmoid (www.isigmoid.com). He is a visiting faculty at IIM Bangalore and Kozhikode.



Laxmi Ganapathy is a full-time stage actor in Tamil and English, with a stint at Koothu-p-Patttarai. He has a B Tech in IT and MBA in Media and Entertainment, He is an accomplished Yoga Trainer and a versatile Theatre faculty. He has a Dan black belt holder in Isshinryu Karate. He has conducted several theatre based workshops at IIM Kozhikode and IIM Indore on “Discovering Self” and at HAL, Beroe, Cholamandal, ILIFESigmoid etc. He has conducted theatre workshops for special children.



Kasturi Goswami has been a full-time actor in Rangapat and Nandikar in West Bengal and with theatre Nisha in Chennai. She has trained children on theatre technique and is a trained Yoga teacher. She has performed in National School of Drama’s Rang Mahotsav.

Logistics Information:

Venue: Kotagiri, Nilagiris

Dates: December 26th on December 31st 2017

(Arrival should be before 5 PM on 25th December at Kotagiri. Departure will be from 2.30 pm on 31st December).

Accommodation will be only on shared basis.

Cost: INR 30,000/- Exclusive of GST at 18%.

Total Amount payable is INR 35,400.

For registration write through email to saravananpucl@gmail.com or anagasthya@gmail.com

Payments should be made **not later than 25th November 2017 by NEFT/RTGS** as per details below:

Account Holder	Barefoot Academy of Governance
Type of Account	Current Account
Account No.	32859650524
Name & Address of the Bank	State Bank of India, Commercial Branch Chennai, Bombay Mutual Building, 232 NSC Bose Road, Chennai 600001.
Branch Code	07347
IFSC Code	SBIN0007347

Barefoot Academy - Registration Form for InsAniyat

Program dates : 26th Dec 2017 to 31st Dec 2017

Name of the nominee	Mr/Ms
Age (years)	
Cell no And Emergency Contact number	
Email id	
Name of Sponsoring organization	
Address of Organization	
Location of nominee , City/State/Country	
Name of sponsoring person from organization (if applicable)	Mr/Ms.
Email id of sponsoring person from organization	
Date of sending Registration form and payment	
Amount Paid INR/USD/GBP/Euro	
Bank and Branch from where payment is sent	
<p>Declaration by sponsor / nominee :</p> <ol style="list-style-type: none"> 1. I, the <i>nominated person/sponsoring person</i> mentioned above, hereby declare and affirm, that <i>I/the nominee mentioned above</i>, who will be attending InsAniyat <i>do/does</i> not have a history of psychological illness 2. <i>I am /We</i> are aware that unless the payment is received into the Account mentioned in the brochure, registration will not be confirmed. 3. <i>I am/We</i> are aware and agree that in case of withdrawal of nomination, Barefoot Academy is liable to return only 50% of the payment made and bank charges, if any will be to my/our account. <p>Signature :</p> <p>Signed by : Date :</p>	